

PHAC Track and Field All Stars

Div 3 Boys

EVENT	FIRST TEAM NOMINATION	SECOND TEAM NOMINATION
3200 METER RELAY	Warrior Run	Loyalsock
	Cassidy Hoffman, Addison Magyar	Brooks Durand, Quinn Serfass
	Tyrese Hazzoum, Hunter Confair	Ilan Quintana, Matt Nickolas
110/100 HURDLES	Brenden Gardner, Hughesville	Duncan Bedford, Southern
100 METERS	Jahvel Hemphill, Bloomsburg	Marcus Williams, Loyalsock
1600 METERS	Hunter Crawley, S. Williamsport	Ethan Knoebel, Southern
400 METERS	Noah Blusius, Southern	Patrick Rooney, MT Carmel
400 METER RELAY	Loyalsock	Bloomsburg
	Matt Nickolaus, Sam Newton	Hunter Coulter, Alex Zielecki
	Zach Stopper, Marcus Williams	Kiernan Harmon, Jahvel Hemphill
300 INT. HURDLES	Brenden Gardner, Hughesville	Zach Zarkowski, Mt Carmel
800 METERS	Hunter Crawley, S. Williamsport	Ethan Knoebel, Southern
200 METERS	Marcus Williams, Loyalsock	Sam Newton, Loyalsock
3200 METERS	Quinn Serfass, Loyalsock	Ryan Sullivan, Loyalsock
1600 METER RELAY	Southern	Warrior Run
	Gaige Garcia, Ethan Knoebel	Addison Magyar, Austin Soltesz
	Julian Fleming, Noah Blusius	Sam Crawford, Hunter Confair
LONG JUMP	Julian Fleming, Southern	Tanner Karycki, Mt Carmel
TRIPLE JUMP	Noah Brecht, Southern	Osiris Hemphill, Bloomsburg
HIGH JUMP	Brenden Gardner, Hughesville	AJ Flick, S. Williamsport
POLEVAULT	Isaac Miller, Warrior Run	Dylan Garbrick, S. Williamsport
SHOT PUT	Troy Donlan, Southern	Conner Rutan, S. Williamsport
DISCUS	Matthew Loeh, Loyalsock	Brett Bieber, Warrior Run
JAVELIN	Elijah Knapp, Bloomsburg	Anthony Moser, Mt Carmel
Coach of the year	Lanny Connor, Southern	